

## Infant-Toddler Courses: CDA Subject Area 1

### Planning a safe and healthy learning environment

LearnERS Course Description	Clock Hours
<p><b>Indoor Space:</b> Learn what ample, accessible space looks like that meets the health and safety needs of children in a quality learning environment.</p> 	2
<p><b>Furnishings for Care, Play, and Learning:</b> Learn how to recognize the types of age-appropriate furnishings that are important for children of different ages and abilities.</p> 	2
<p><b>Room Arrangement:</b> Learn strategies for setting up a quality room arrangement for infants and toddlers. Understand how the arrangement impacts the children's behavior and your ability to supervise them.</p> 	3
<p><b>Meals and Snacks:</b> Investigate how to create a pleasant social environment during meals and snacks while assuring nutritional needs, sanitary conditions, and a regular yet flexible schedule.</p> 	3
<p><b>Health Practices:</b> Explore how to use proper sanitary procedures, encourage children's self-help skills, and promote healthy habits.</p> 	3
<p><b>Safety Practices:</b> Recognize and reflect on how to limit hazards both indoors and outdoors as well as how to provide supervision and interactions which contribute to a safe environment.</p> 	3
<p><b>Supervision of Play and Learning:</b> Investigate how to foster an environment that provides many opportunities for children to feel physically and emotionally safe enough to explore and learn.</p> 	2
<p><b>Schedule and Transitions:</b> Explore how to create a schedule that is flexible to meet the changing needs and interests of each child.</p> 	2
<p><b>Group Play Activities:</b> Learn to plan engaging activities for small groups of infants and toddlers. Allow children's choice whether or not to participate and support their involvement.</p> 	2

## Infant-Toddler Courses: CDA Subject Area 2

### Advancing children's physical and intellectual development

LearnERS Course Descriptions	Clock Hours
 <p><b>Talking with Children:</b> Investigate ways to talk about activities and routines to expose children to the rhythm and pattern of spoken language as well as help them learn to connect words to things and people around them.</p>	2
 <p><b>Encouraging Vocabulary Development:</b> Identify ways to provide a learning rich environment that includes use of a wide range of descriptive words and experiences which create opportunities for infants and toddlers to be exposed to new vocabulary.</p>	3
 <p><b>Responding to Children's Communication:</b> Recognize the importance of providing a positive response and interest in infants and toddlers communication as well as ways to add words and ideas to their communication.</p>	2
 <p><b>Staff Use of Books with Children:</b> Identify ways to use books that will engage and appropriately support infants and toddlers emerging language development.</p>	2
 <p><b>Encouraging Children's Use of Books:</b> Explore ways to provide a learning rich environment with a wide selection of books that infants and toddlers can easily reach and use, no matter their age or developmental stage and that are accessible throughout the day.</p>	2
 <p><b>Fine Motor:</b> Explore ways to provide a learning rich environment with a wide selection of appropriate fine motor materials while creating a climate where independent use of materials is supported based on the age and developmental needs of each child.</p>	3
 <p><b>Art:</b> Explore what it means to introduce age-appropriate art materials and encourage individual expression while providing attentive supervision based on the ages and abilities of the infants and toddlers in your care.</p>	2
 <p><b>Music and Movement:</b> Investigate a variety of ways to explore music and provide a learning rich environment with age-appropriate musical instruments and toys for children.</p>	3
 <p><b>Blocks:</b> Explore the types of blocks and accessories, the space for building, and ways you can support the infants and toddlers' curiosity, reasoning, and problem solving through quality block play experiences.</p>	2
 <p><b>Dramatic Play:</b> Explore types of quality pretend play that allow children to make decisions about materials and play scenarios that grow brain pathways toward the development of creativity, self-regulation, and cooperation with others.</p>	3

## Infant-Toddler Courses: CDA Subject Area 2

### Advancing children's physical and intellectual development

LearnERS Course Descriptions	Clock Hours
 <p><b>Nature and Science:</b> Explore the organization of realistic, age-appropriate nature/science materials and appropriate accessibility for varying ages and abilities. Learn strategies for how to show concern for, and draw infants and toddlers' attention to nature, and talk to them about nature and science.</p>	2
 <p><b>Math and Number:</b> Learn how to create a playful, math-rich environment for infants and toddlers. Explore a variety of appropriate math materials that help shape and build their mathematical thinking.</p>	3
 <p><b>Appropriate Use of Technology:</b> How old must children be before use of technology with active adult supervision is considered appropriate? Learn the answer in this course as well as what technology use looks like in a quality classroom.</p>	2
 <p><b>Gross Motor Play and Supervision:</b> Identify types of appropriate gross motor space and equipment and learn the importance of your interactions to support instruction and supervision for infants and toddlers.</p>	3
 <p><b>Free Play:</b> Learn how to create a free play environment where the children make choices, follow their interests, are socially interactive, and explore ideas that are appropriate for their age.</p>	2

## Infant-Toddler Courses: CDA Subject Area 3

### Supporting children's social and emotional development

LearnERS Course Descriptions	Clock Hours
 <p><b>Display for Children:</b> Identify types of displays in a learning-rich environment that honor and reflect each child, their family, their culture, and their interests.</p>	2
 <p><b>Diapering and Toileting:</b> Identify safe, sanitary procedures for diapering and toileting and how these daily routines can foster opportunities for infants and toddlers to develop a sense of self.</p>	2
 <p><b>Encouraging Children to Communicate:</b> Identify ways to provide turn-taking conversations with children during play and routines and learn the types of questions that will encourage children to communicate.</p>	3
 <p><b>Promoting Acceptance of Diversity:</b> Explore how to create an environment for infants and toddlers that values diversity and fosters a sense of belonging.</p>	2
 <p><b>Peer Interaction:</b> Investigate ways to offer developmentally appropriate opportunities for children to participate in positive peer interactions as well as giving them time to play alone or in small groups without interference.</p>	2
 <p><b>Staff-Child Interaction:</b> Learn how to foster positive attachments and meaningful relationships, be present and observant of the children in your care, and be supportive when they are anxious, angry, afraid, or hurt.</p>	2
 <p><b>Providing Physical Warmth and Touch:</b> Investigate appropriate ways to provide holding, patting, and physical warmth based on moods, personality, and preferences of each infant and toddler to help them establish a secure attachment.</p>	2
 <p><b>Guiding Children's Behavior:</b> Explore how to use positive methods to guide infants and toddlers' behavior while learning how to set age-appropriate expectations.</p>	3